

My Secondary School

St. Vincent's Secondary School





St. Vincent's Secondary School

St. Vincent's is a Catholic girls' secondary school. In 1857 the sisters of Charity started teaching girls in St. Vincent's

As a student moves through our school they are nurtured and developed in a caring, supportive environment. Students are expected to develop as leaders within their school community, they move from being the recipients of support in their younger years within the school to become vital cogs in the promotion of the positive ethos and caring nature of our school. They grow and mature from being young girls and teenagers to women of the 21st Century.

On the sporting field our students act as great ambassadors for our school and the wider community. Their actions and achievements set the tone and benchmark for those that follow in their footsteps. They are the public representation of all that is good in St Vincent's Secondary School.

Each student of St. Vincent's has the capacity to make both themselves and us proud into the future. They consistently display levels of effort, creativity, teamwork and compassion that will serve them admirably, in college, the world of work and in later life.

Hardworking, talented, funny, intelligent, caring and good friends to one another are all apt descriptions of St. Vincent's students.

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ST VINCENTS SECONDARY SCHOOL

Welcome

Moving to Secondary School can be both a very exciting and nervous time. We will be here to support and guide you during this journey. If you ever have any questions, please do not be afraid to ask us because we are here to **help you!**

We look forward to seeing you again in September! We hope that you will be very happy here!

Ms Barry

Ms O' Donovan

Principal



Mr Deane

Deputy Principal



Ms Ferriter

People to know

Your teachers

I will have lots of different teachers in Secondary School. I will be working with:

ASD Coordinator




Ms Barry

SEN Coordinator



Ms O' Donovan



**The Lir
Hub**
ASD Unit

**Where individuality is
nurtured & supported**

Uniqueness Valued
.....
Creativity Celebrated
.....
Difference is respected



My classroom in my new school is The Lir Hub.

The Lir Hub opened in September 2013. It supports students with Autism who have been recommended a special class placement in a mainstream school.

The Lir Hub is a wonderful asset to our school, it has fostered a great spirit of Inclusivity which is the central component of the ethos of our school.

This is the chill-out area! Sometimes we will watch DVDs or sit on the couch and read!



Cubbies

In the Lir Hub we keep our books in cubbies. Our cubbies are on the right! This is where we will keep our books.

Our books will be colour coordinated so that I won't have to worry about having the right books!



Workstations

The Lir Hub will have workstations.

I will sit at a workstation when I work independently!



When do I go to The Lir Hub?

I will go to the Lir Hub first thing every morning when I come to school. I will get my books organised for classes.



During the day, I can go to the Lir Hub at any time when I am feeling stressed or if I need to take a break during class.

I will also go to The Lir Hub if it is on my timetable.

TIMETABLE				
Monday	Tuesday	Wednesday	Thursday	Friday
			LIR	
	LIR			
LIR				LIR
		LIR		

I can go to the Lir Hub for my break and my lunch.



The Lir Garden

Our sensory garden allows students to enjoy a calm relaxing space where they can engage with the environment. It gives the girls a place to explore their senses in a stimulating safe haven



Help and Support

Teachers

There are many teachers in St Vincents. Two very important teachers I will work with are Ms Barry and Ms O' Donavan. These are the teachers I will talk to if something is bothering me. They will help me with any problems I might have and make my school day run smoothly.

SNAs

At the start of the school year I will meet my SNA. SNAs at St Vincent's are there to help and support me through out the year. If I am absent from school my SNA will keep notes from my classes. If I am feeling stressed or overwhelmed I can talk to my SNA and find ways to make me feel more comfortable.



*My
school
day*



How do you feel?

A lot of people feel excited about starting Secondary School. However, some people often feel nervous too.

Here are some words of advice from some of our students:

"I always smile when I come into school because my friends make it such a special place to be."

"I like that it is an all-girls school because no one has to try and impress people."

The fact that we have smaller class sizes so the teacher can focus on everyone...

"If anyone was nervous about coming to St. Vincent's they need not be. It's the best school ever! The Lir Hub can accommodate all types of people and makes everyone feel welcome. I love this school! The teachers are very nice and helpful too. All the students are very kind and welcoming. If you're ever stressed or worried you can leave the class or have a break. It's very relaxing to know this is in place. Overall, St. Vincent's school is extremely well put together and a student's needs are always put first."



School times

Mondays, Tuesdays,
Thursdays & Fridays



Starts
8:45am

Class time
8.45am



Break time
10:45am

Class time
11am



Lunch time
1pm

Class time
1.30pm



Finishes
3.30pm

We finish early on Wednesdays at 1pm



I can come to the Lir Hub for my Lunch break.

My School Subjects

I can do many different subjects



English



Geography



Science



P.E.



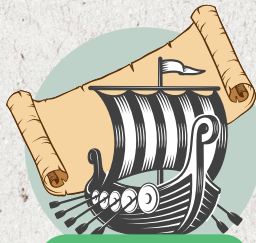
Irish



Business



Home Ec.



History



Music



S.PHE



French



Art



Maths



Religion



C.S.P.E



German



Classes

How long will my classes be in secondary school?



Each class will be 40 minutes long.

How will I know when class has finished?



The bell will ring at the end of each class.

How many classes will I have every day?

9 Classes

Monday, Tuesday, Thursday & Friday

6 Classes

on Wednesday

Double classes

Sometimes in secondary school I will have double classes. For example: double Home Economics or double Art.

This means I will have two classes in a row of the same subject.

When I have a double class it means that I stay in the room when the bell rings.

If I have double Home Economics I might be baking a cake or making a bag.

Here is an example of what the timetable looks like.

SCHOOL TIMETABLE

	Monday	Tuesday	Wednesday	Thursday	Friday	
8.45	Home Ec.	Art	English	History	French	8.45
9.25	P.E.		Religion	Geography	Maths	9.25
10.50			English	Maths	English	Religion
10.45	BREAK TIME					10.45
10.55	Irish	S.P.H.E.	History	Science	Business	10.55
11.35	History	Religion	Irish	Home Ec.	Home Ec.	11.35
12.15	English	Maths	Art			Business
12.55	LUNCH BREAK			LUNCH BREAK		12.55
1.30	Geography	French		Irish	Irish	1.30
2.10	Maths	Geography		French	English	2.10
2.50	Business	C.S.P.E.		Maths	Science	2.50

My School Bag

Packing my bag to go to school

I will have to bring the books I need to school every day.

SCHOOL TIMETABLE						
Monday	Tuesday	Wednesday	Thursday	Friday		
8:45 Home Ec.	9:00 Art	9:15 English	9:30 History	9:45 French		
10:00 PE	10:15 Belgian	10:30 Geography	10:45 Maths	11:00 PE		
BREAK TIME						
11:30 Irish	11:45 S.P.E.E.	12:00 History	12:15 Science	12:30 Business		
12:45 History	13:00 Belgian	13:15 Irish	13:30 Science	13:45 Home Ec.		
14:00 English	14:15 Maths	14:30 Art	14:45 Business	15:00 Home Ec.		
LUNCH BREAK						
15:15 Geography	15:30 French	15:45 Irish	16:00 Irish	16:15 Maths	16:30 Geography	16:45 Business
17:00 Maths	17:15 Geography	17:30 French	17:45 English	18:00 Business	18:15 C.S.P.E.	18:30 Maths

I will use my timetable to show me the books I need to use for my homework when I go home in the evenings.

Packing my bag to go home

I will only pack the books I need to use for my homework when I go home in the evenings.



I must check my homework journal to see which books I need to bring home to do my homework.



I can ask for help if I need it from mom, dad, brother or sister.



If I need help I can ask a teacher or SNA.

My new uniform



School jacket with crest



Navy school skirt or navy trousers



Navy V-neck jumper including crest



Dark coloured shoes



White long sleeved school shirt



I will also have a school tracksuit. On days when I have PE I will change into my tracksuit before PE and change back into my school uniform after PE.



The school uniform is available in Buckley's Drapery LTD.
93-94 Shandon Street Cork. 021-4304426

Finding my way around

My new school is much bigger than my primary school.

I can ask a student, SNA or a teacher for help if I get lost.



?

Help me please!

?

Map



Ground floor

I can use a map to help me because it shows me where all the different rooms are in my new school.

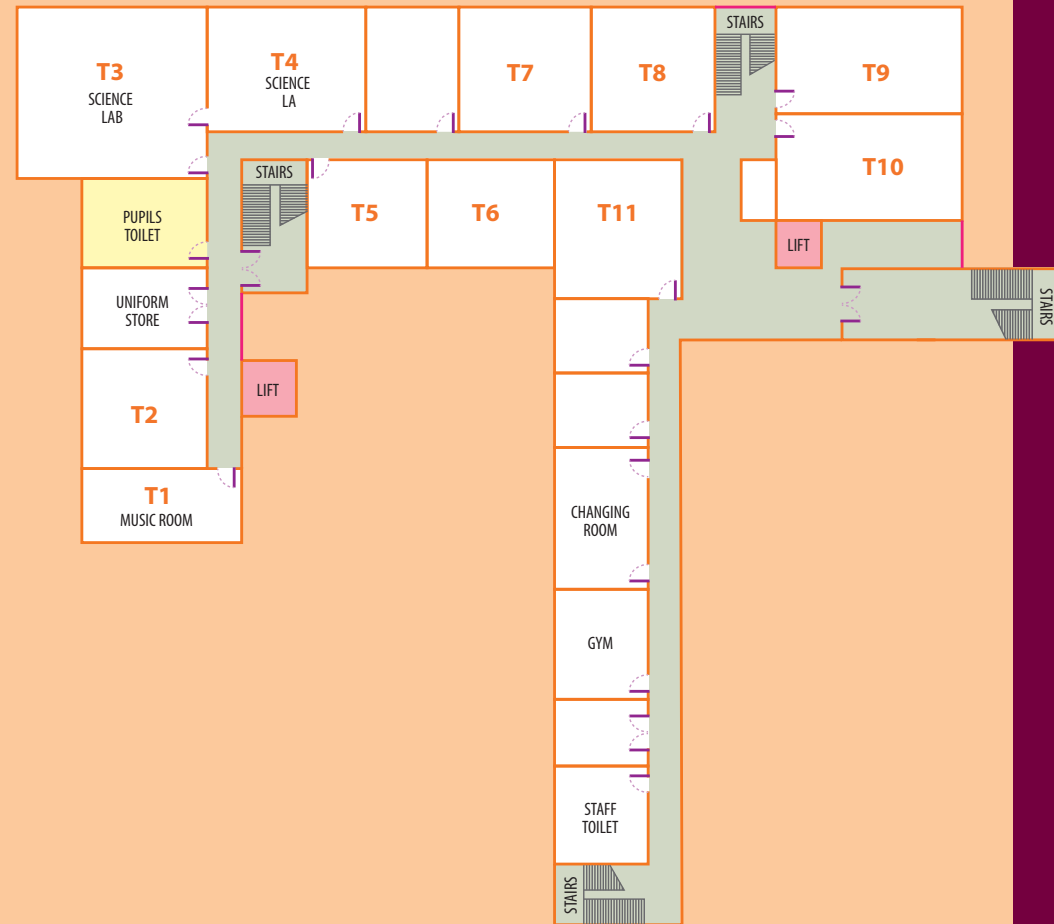
Ground floor



Middle floor



Top floor



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